Centers for Disease Control and Prevention National Center for Emerging and Zoonotic Infectious Diseases



The MENA Typhoid Project: New Insights on Typhoid Burden and Antibiotic Resistance

Kristen Heitzinger, PhD, MPH

On behalf of the MENA Typhoid Project Collaborators

December 7, 2023

What is the MENA Typhoid Project?

- A collaboration between the American University of Beirut (AUB), WHO, and US CDC to enhance typhoid surveillance and control measures in the Middle East and North African (MENA)/Eastern Mediterranean region
- Includes non-laboratory and laboratory-focused initiatives

The MENA Typhoid project: Non-laboratory Initiatives

- Published review of typhoid fever occurrence and antibiotic resistance in the Eastern Mediterranean region from 1990-2021^{*}
 - ~45,000 blood culture-confirmed cases identified from 12 countries
 - Limited burden data, especially from countries outside of Pakistan (22/70 or 31% of studies)
 - Of 56 studies with AMR data:
 - 68% of isolates were fluoroquinolone resistant
 - 40% MDR
 - 48% XDR of tested isolates from Pakistan

*Typhoid fever in the Eastern Mediterranean region: a systematic review, 1990-2021. GD Appiah et al. Am J Trop Med Hyg. 2022 Dec 19;108(2):285-292. doi: 10.4269/ajtmh.22-0075. Print 2023 Feb 1.

The MENA Typhoid project: Non-laboratory Initiatives

- Typhoid fever surveillance systems and vaccination policy survey
- Regional workshop on challenges and opportunities related to typhoid fever laboratory surveillance and TCV introduction



RIRGUI HE	Organisatio mondiale d	on e la Santé e orientale Rank Generative Eastern Mediterranean	منظمة الصحة العالمية المكتب الإقليمي لشرق المتوسط
Consultative Meeting on Typhoid Surveillance and Vaccine Introduction in the Eastern Mediterranean Region 25-26 July, 2022			
	Day 1 - Monday, July 25 (All times Cairo Time (Atlanta Time +6 hours))		
	12:00-12.30	Opening Remarks: Objectives of the meeting and adoption of the agenda	Abdinasir Abubakar WHO-EMRO
	12:30-12.40	Introduction of the participants	All
	Session 1	The Global Burden of Typhoid and Current and Resources for Prevention and Control	
	12:40-13.00	Global Burden of Typhoid Fever, and available strategies to prevent and control typhoid fever outbreaks	Adwoa Desma, BENTSI- ENCHILL WHO-HQ
	13:00-13.20	Typhoid Fever Surveillance: An update on global and regional systems and resources for capacity building	Ghassan Matar American University of Beirut
	13:20-13.40	An Update on Regional Typhoid Laboratory Capacity and Resources for Capacity Building	Tony Abou Fayad American University of Beirut
	13:40-14:00	The Path to Typhoid Conjugate Vaccine Introduction: Regional Policies and Lessons Learned Around the Globe	Jenny Walldorf WHO-HQ
	14:00-14.10	Virtual coffee break	
	14:20-14:40	Regional typhoid situation and strategic priorities of preventing and controlling potential typhoid enidemics in the EMR	Muhammad Tayyab WHO-EMRO

The MENA Typhoid project: Laboratory Surveillance



The MENA Typhoid project: Laboratory Surveillance

- Antibiotic susceptibility testing (AST)
 - Broth microdilution
 - All experiments run in duplicate
 - MDR=resistance to ampicillin, chloramphenicol, and trimethoprim/sulfamoxazole
 - XDR=MDR+resistance to fluoroquinolones and third generation cephalosporins
- Whole genome sequencing (WGS) on Illumina MiSeq sequencer
- All sequences shared publicly on NCBI







Laboratory Surveillance Results to Date: AST

- The majority of isolates were resistant to chloramphenicol (98%), ampicillin (68%), nalidixic acid (65%), and trimethoprim/ sulfamethoxazole (56%)
- All isolates susceptible to azithromycin, meropenem, colistin, and gentamicin
 - 67% (20/30) of isolates from Jordan were MDR
 - 100% (22/22) of isolates from Pakistan and 19% (7/36) from Oman (all Pakistan travel-associated) were XDR
- 72% (13/18) of isolates from Iraq were ceftriaxone resistant



*Ceftrioxone refers to ceftriaxone resistance without MDR or XDR. Ciprofloxacin refers to ciprofloxacin resistance without MDR or XDR.

Laboratory Surveillance Results to Date: WGS

• The majority (88%; 93/106) of isolates belonged to the H58 haplotype





Chloramphenicol resistance without known genetic determinants

- 43% (46/106) of isolates demonstrated chloramphenicol resistance without any relevant genetic determinants of chloramphenicol resistance
- Discordance was observed only in isolates from Iraq, Jordan, and Oman



Implications for Typhoid Control

- Chloramphenicol resistance by AST without genetic determinants underscores importance of maintaining capacity to perform culture with AST to inform empiric treatment
- Travel-associated XDR cases in Oman underscore the risk of spread of XDR
 S. Typhi from Pakistan
- Results highlight the continued need to improve surveillance for rapid detection and effective implementation of control measures

Next Steps: The Role of Data Moving Forward

- Continued country recruitment and results dissemination
- Continued phenotypic and genotypic analysis to accurately characterize resistance, understand linkages with regional and global strains, and anticipate future risk of drug-resistant strains
- Leverage of partnerships to encourage public sharing of surveillance data and support countries in using available data to inform control measures

Acknowledgements

<u>AUB</u>

Tony Abou Fayad Jana Ezzeddine Ghassan Matar Ahmad Sleiman

WHO-EMRO

Abdinasir Abubakar Evans Buliva Sherein El Nossery Muhammed Tayyab

WHO-HQ

Adwoa Bentsi-Enchill Musa Hindiya Anna Minta

<u>CDC</u>

Lucy Breakwell Hayat Caidi Lavin Joseph Graeme Prentice-Mott Morgan Schroeder Yesser Sebeh David Shih Kaitlin Tagg

Country Collaborators

Afreenish Amir (Pakistan) Rula Hanam (Jordan) Azza Rashdi (Oman) Iraq Central Public Health Laboratory

University of Cantabria Arancha Peñil-Celis

<u>Gavi</u>

Allyson Russell Lee Hampton

For more information, contact CDC 1-800-CDC-INFO (232-4636) TTY: 1-888-232-6348 www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

